



Activity report

Name of Activity: Identification of beneficiaries for home-based care through support groups

Target Group/Audience: Parents of children with disabilities and coordinators

Date: 23rd to 24th May 2022.

Venue: Kafue District (Chipapa Rural Health Post)

Theme: NIL

Objective: equipping Volunteers with information in basic home-based care skills and information on the different neurodevelopmental disabilities

Attendance Total: M: 02 F: 04

Activity details

Result Area/ Activity No.: A01.07

Result 1: Trained parents and care givers of children with neurodevelopmental disorders better accompany their children in everyday life, have established network with peers and have improved their economic situation.

Activity A01.07 Identification of beneficiaries for home based care through support groups

A two-days training was conducted in Chipapa at Chipapa rural Health post, the training was aimed at providing the six volunteers with information in basic home-based care skills, basic information on the different neurodevelopmental disabilities such as Spinal bifida, Autism, cerebral palsy, Down Syndrome, Hydrocephalus, Microcephalus, and other intellectual disabilities. It also covered topics such as how to build rapport between a client and the volunteer, how to position a child during physiotherapy sessions and how to conduct counselling with the parents of the children with disabilities. The training was conducted by a well-qualified physiotherapist Madam Getrude Kapulisa from Archie Hinchcliffe Disability Intervention(AHDI), who ensured that the volunteers were equipped with the necessary information that would enable them provide on-going support to mothers newly admitted to the training program, conduct effective counselling to parents with children with disabilities and physiotherapy to children with disabilities. To encourage active participation, she ensured the training package was delivered in languages that were most well understood by the participants which was Nyanja and English, visual aid by use of a projector which made it easy for the participants to relate to a particular disability under discussion and easy identification, the training was also participatory by allowing participants engage in group discussions and presentations.

Outline achievements:

- Appreciation of home-based care knowledge and skills learnt and shared
- Volunteers gained knowledge on how to identify different disabilities
- Volunteers gained knowledge on how to conduct effective counseling
- Gained knowledge on the advantages and disadvantages of good and bad positioning respectively
- Men participated and were actively involved in all activities during the training

Challenges:

- The theoretical part of the training was extended to day 2 till around mid-morning, because the topics were so broad and could not be covered in one day.
- The practical did not take place because the trainer had an injury and could not walk because her knee was swollen, and was rushed to Chilanga Hospice for medical attention. Thus, the practical date with the 6 volunteers will be advised.

Lessons Learnt:

- There are still some knowledge gaps on issues relating to neurodevelopment disabilities among some members of the community. During the intended one day training it was noted that some participants did not have adequate knowledge on certain types of neurodevelopmental disabilities in terms of their causes and how to identify them, how to conduct counseling sessions with parents of children with disabilities and the importance of good positioning and using the right equipment for children with disabilities just to mention but a few. However, after a two days- training they were able to gain some knowledge on how to identify various types' of neurodevelopmental disabilities and how to handle children with such disabilities among many others.

Recommendations

- Allocate more days for trainings- so that sessions can cover topics in depth to allow in-depth comprehension by the participants and also allow the trainer deliver sessions without working against limited time.

Pictures



ONE OF THE PARTICIPANTS MAKING A PRESENTATION



FACILITATOR DURING A SESSION



GROUP DISCUSSION BY THE VOLUNTEERS



Convener/Organizer: Cheshire Homes (CBID)/ AHDl

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